



Welcome to the 2007 Mental Health Matters Symposium hosted by Open Magazine!

A full outline of this event with all of the details is provided below.

Margaret Trudeau Bio

Margaret Trudeau became the youngest Prime Minister's wife in Canadian history, when she married Pierre Elliot Trudeau at the age of 22. She has led a rich and interesting life by raising five children and travelling the country and the world extensively.

Margaret has authored two books, *Beyond Reason*, and *Consequences*.

For all her adult life, Margaret Trudeau has suffered from the debilitating effects of her bipolar condition. Now, after seeking medical treatment that has given her life balance and happiness, she advocates strongly on mental health issues, helping people overcome the stigma of mental illness that often prevents sufferers from getting help. She is working with The Royal Ottawa Hospital to raise funds for their new hospital and raise public awareness of mental health issues.

She is Honorary President of Watercan, a Canadian NGO that helps the poorest citizens of the world to access safe, clean water. She has travelled three times to Africa with Watercan and is very knowledgeable on water issues and the impending global water crisis. She is an environmental activist.

Margaret has wonderful stories to tell and a strong, clear message on the importance of finding balance of mind, body and spirit. She also tells good jokes.

Ron Ellis Bio

Ron Ellis combined skill and sporting play throughout his hockey career. Ron spent his entire 15-year NHL tenure with the Toronto Maple Leafs where he became one of the most respected individuals to ever wear the "blue and white". He totaled 350 regular season and playoff goals and was a key member of the Leafs' 1966-67 Stanley Cup winning squad. Ron also distinguished himself on the international stage with Team Canada at the 1972 Summit Series and the 1977 World Championships.

Born in Lindsay, Ontario on January 8, 1945, Ron played his minor hockey in Toronto and Ottawa before joining the Toronto Marlboros Junior B team for a season. He graduated to the Marlies' A team where he prepared for the NHL for three years. This team captured Canadian junior hockey's ultimate prize in 1962-63 by winning the Memorial Cup.

Ron enjoyed a highly successful rookie season in 1964-65 with 23 goals in 62 games. He scored 19 times in his sophomore campaign before running off a Maple Leafs' record ten consecutive 20 goal seasons from 1966-67 to 1977-78. This feat was accomplished despite a two-year retirement following the 1974-75 season. Ron's greatest post-season moment occurred when he scored the crucial opening goal of the Cup clinching the sixth game of the 1967 finals. His chief characteristics as a player was his excellent speed combined with a good shot and a willingness to work hard at both ends of the rink. Ron often set an example for his teammates and was an encouraging figure in the dressing room.

Ron's greatest individual honour occurred prior to the 1968-69 season when former Maple Leafs star Irvine "Ace" Bailey brought his "number 6" out of retirement in order that he could wear it. Bailey was one of the classiest and most popular players in Toronto history making this honour all the more special for Ron.

One of the most unforgettable squads in Canadian history was Team Canada '72. Ron Ellis played a significant role on this team with line mates Bobby Clarke and Paul Henderson. His speed and fitness made him an invaluable defensive force against the quick Soviet forwards. Ron also contributed three assists while playing in all 8 games of the series.

During the spring of 1977, Ron played a prominent role with Team Canada at the World Championships following nearly two full seasons of being out of pro hockey. His strong play and camaraderie of the team rekindled Ron's passion for playing in the NHL. He returned for another 3½ seasons and in the process topped the 300 goal and 600 point marks. He also received a milestone award from the NHL after playing in his 1,000th career game.

In 1992, he was offered the position of Director of Public Relations and Assistant to the President for the Hockey Hall of Fame in Toronto. His role was to develop the education program and the grassroots hockey – creating awareness through the Greater Toronto Hockey League and getting minor hockey teams to participate. He was instrumental in developing and selling the educational program. Today, he wears several hats for the Hockey Hall of fame, from NHL Alumni to Team Canada '72 to his involvement with the Toronto Maple Leaf organization.

Recently, Ron became involved in forming "The Ron Ellis Team Canada Foundation" to give him the opportunity to be involved in fundraising ventures and allow him to know exactly where the funds are designated. The Foundation designates funds to several charities, including children's charities and those addressing life threatening diseases. The Foundation currently funds a specific Canadian cancer research project conducted at a Canadian facility, by Canadian researchers.

The Ron Ellis Team Canada Foundation is "Helping make the world's dreams come true, one step at a time".

Mental illness strikes one in five Canadians, and afflicts nearly 1 million of them severely.

On September 1, 2007, the Canadian Federal government announced the creation of a new commission: Mental Health Commission of Canada.

Prime Minister Stephen Harper said the commission's job is to make a difference in people's lives, "to ensure Canadians in every part of Canada have access to the best prevention, diagnostic and treatment practices so that someone suffering from depression, say in St. John's, will obtain the same quality of care as someone suffering from schizophrenia in Victoria."

The Canadian Mental Health Association currently has the lead role to providing assistance to those suffering mental illness. Open Magazine is pleased to announce that a portion of the proceeds from this Symposium will be donated to support the work at the Canadian Mental Health Association – Grand River Branch. At Open Magazine, we believe that mental health matters!

Mental Health Symposium Outline: Monday, October 15, 2007 RIM Park Recreational Facility, Waterloo, ON

Regular Tickets \$30.00 each

7:00 pm Welcoming Remarks: Ron Ellis

7:15 pm Margaret Trudeau presentation

8:00 pm Juanita Wilkins performance

8:15 pm Question/Answer Period with Margaret Trudeau

8:45 pm Closing Remarks

9:00 pm VIP Reception for VIP Ticket Holders

VIP Reception

Tickets are available for \$60.00 each. These tickets include the main presentation and the VIP reception. The reception is for a limited number of ticket holders to meet our guest speakers on a personal level. Light refreshments will be available.

Vendor Booths

At 6:30 pm , the doors will open and prior to finding a seat, you are invited to browse the booths around the room. The booths will continue to be open after 9:00 pm, after the main presentations. Limited vendor space is available. Please fax in vendor forms early to secure a spot at this event. 10x10 booth space is available for \$500.

**For more information:
Call us at 519-342-4029 or 416-907-3528.**

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